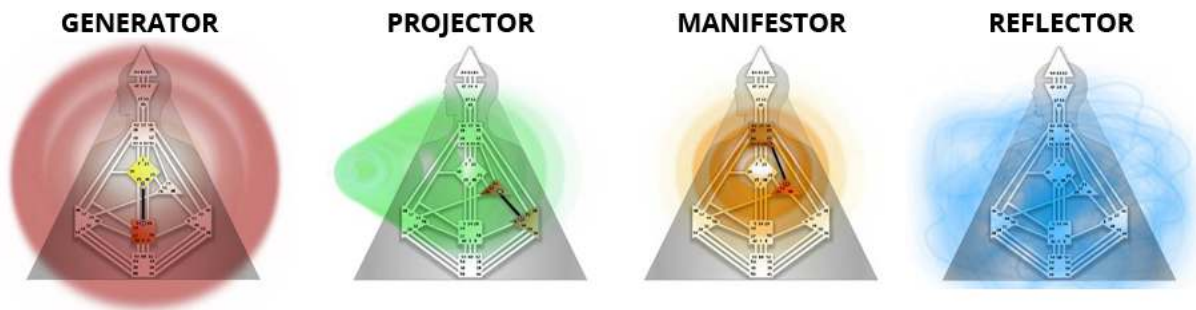


Understanding Manifestors

by Amy Lee



Most of the features of Type stem from what Human Design reveals about aura. It influences how each type is designed to function and how it deals with conditioning. This list is a short guide to understanding Manifestors, whether you are one, or are in relationship with one. Manifestors are a much less common type, with a very particular function. While some of these things could apply to all kinds of people, most of them apply to Manifestors, most of the time.

- I. **They are not about themselves.** The core question for a Manifestor is “What is my impact?” They are less interested in themselves and more interested in the impact they are having on the world around them. Whether they realize it or not, life is constantly teaching them about their impact and no matter how solitary or gentle they may try to be, they will have an impact on those around them. This is why the Manifestor strategy is to Inform. When Manifestors inform others before acting, it gives people a chance to prepare for the impact they are about to make. The Manifestor aura immediately causes other auras to contract. So other types can feel the impact beginning before a Manifestor speaks. Informing calms any conscious or unconscious suspicion felt by the other types about what is coming. This strategy of informing can seem counterintuitive to Manifestors at first because it is so natural for them to just do what they do. It can help for them to consider who might be impacted by their actions before doing anything and



inform them, especially because they often can not predict what the impact will be.

2. **Control is key.** Manifestors are not here to be influenced. Their aura is designed to protect them from it so that they can Initiate their own visions and actions. You can see this most clearly in Manifestor children who are quick to anger when they are being controlled or told what to do. They are here to enact their own vision and the not-self theme for a Manifestor is Anger, which is the sign that someone is trying to control them or resist or obstruct their action. If you have ever tried to give orders to a Manifestor, you can probably sense pretty quickly how wrong it feels on both ends. There is an essential need for Manifestors to be in control of what they are doing and for others to allow that.
3. **Intimidation is not their intention.** The Manifestor aura is closed and repelling. Their energy field is dense, compact and pushes out. Because their aura repels, they can seem unapproachable or intimidating. It often feels wrong to initiate contact with them directly (though flirting can open the door). They often don't intend to be intimidating but their energy feels that way to others. Some Manifestors feel lonely or isolated if they think they shouldn't initiate or if they expect others to come to them. Others may feel quite at peace with being left alone until they choose to make contact. Either way, it can help if no one takes this personally. It is a simple result of the energy dynamic.
4. **Get on board or get out of the way.** Sometimes Manifestors will avoid informing others so that they can go about their business without anyone interfering. This often backfires when people are negatively or unexpectedly impacted, which can lead to suspicion and mistrust in the relationship. Manifestors may also be reluctant to inform because they don't want to experience the isolation, rejection or loss of resources they may experience if people aren't on board with their vision. Again, it can be helpful to remember that none of this has to be taken personally. When a Manifestor does Inform before acting, it gives people a chance to get on board with what they are doing or get out of the way. In either case, the resistance clears and ultimately allows for the correct support and resources to be



there willingly or for the Manifestor to go it alone. The Peace that comes when there is no resistance is what is most gratifying for a Manifestor and it can be sweet and beneficial for everyone involved.

5. **It's hard to get in.** The Manifestor aura is not designed to be penetrated or enveloped. It is not generous and inclusive energetically like a Generator, or focused and attentive, like a Projector. Manifestors are not designed for the same kind of interpersonal energy exchange that the more common types are. Therefore it is usually difficult for them to integrate with others socially. Many Manifestors struggle with both the need to be alone and with loneliness. Bonds can often be supported when informing goes both ways. When we communicate well with Manifestors, they can also find greater peace and trust in knowing where you stand in relation to them.
6. **Waiting is still required.** Although Manifestors are the only type that is designed to Initiate, what and when they do is still dependent on feeling the internal spark or impulse to act, guided by their inner authority. An Emotional Manifestor waits to feel settled and emotionally clear about what they are initiating. A Splenic manifestor is waiting for the splenic hit. An Ego Manifestor is waiting for their will to move them. Once that spark arrives, they can inform others and initiate whatever is correct for them.
7. **We need their vision.** Manifestors have the ability to get people into action. Generators are waiting to respond and the vision or spark of initiation that Manifestors bring gives Generators something to respond to. When a Manifestor is willing to make their vision known, it can mobilize the life force energy Generators have to contribute, which can be a very fulfilling dynamic for everyone involved.
8. **Rest is essential.** Manifestors are here to initiate and take action but not work, build and sustain. They can be very busy but they do not have the consistent energy of the Sacral motor, so they need plenty of rest and can benefit greatly from knowing when enough is enough.